

Canoeing n' Picnic

Co-organized by CultureLink and Inner City Outtripping Centre

A Free Day-trip of Paddle n' Picnic, a great way out with the community

Highlights:

- Free for Host participants only (6 years+)
- Learn basic canoe paddling techniques and water safety skills
- Take a day trip in North canoes
- Swim at Sunnyside pool
- Play cooperative games
- And other enjoyable activities depending on the weather



Necessities:

- Water bottles, Lunch and Snack (pack your own lunch that we will carry with us in the canoe - we have food barrels to hold them so they won't get wet!)
- Camera (preferably waterproof)
- Wear comfortable layers and dress as per the weather (layers)
- Swimming suits and gears if you'd like to swim
- Apply sunscreen

When: Monday, August 9th, 2010 9:30 a.m. - 3 p.m.

Where: Sunnyside Beach

Free activity for newcomers

**Registration is required, please call Dolora: 416-588-6288 ext. 222
or Rubeen : 416-588-6288 ext. 231**

For more information please visit our website: www.welcomingcommunity.ca

Rain or shine, we will be there

The Activity will start exactly at 10am. Please be on time.

This partnership activity is organized by CultureLink Host Program and the Inner-City Outtripping Center (ICOC)

